

## CBH PLAN OF STUDY

### Fall - Year One

SOC 100: Introduction to Sociology  
 ENG 101: Freshman Composition  
 General Education Elective  
 PSY 100: Principles of Psychology

### Spring - Year One

4 General Education Elective	4
4 Lower-Level SOC Elective	4
4 General Education Elective	4
4 General Elective	4

### Fall - Year Two

STA 100: Statistical Methods  
 Lower-level PSY Elective  
 General Education Elective  
 General Education Elective

### Spring - Year Two

4 General Education Science Elective	4
4 Lower-level PSY Elective	4
4 Lower-level SOC Elective	4
4 General Elective	4

### Fall - Year Three

COM 308: Analytical and Research Writing  
 400-level SOC Elective  
 General Elective  
 General Elective

### Spring - Year Three

4 CBH 375: Psychosocial Context of Health and Well	4
4 400-level PSY Elective	4
4 General Elective	4
4 General Elective	4

### Fall - Year Four

CBH 492: Methods in Health and Well-Being  
 General Elective  
 General Elective  
 General Elective

### Spring - Year Four

4 CBH 493: Project in Health and Well-Being	4
4 General Elective	4
4 General Elective	4
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